

Sunshine Church Of Christ



Volume 64, Issue 19

sunshinecofc.church

Sunday, May 10, 2026

Elders

Rich Book	820-3213
Wayne Gampp	820-3444
Shaun McCray	935-9701

Deacons

Gabe Coriell	464-2343
Josh Coriell	981-6717
Rick Coriell	935-0717
Ryan Coriell	464-8646
Zach Coriell	981-7758
Dave Deacon	357-3840
Dale Kuhn	820-4690
Aaron Kallner	285-0738
Eric Miller	820-4944
Eugene Risner	820-2256
Mark Risner	820-2948

Minister

Jamie Riley	935-7812
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Youth Minister

Tim Gampp	(606) 356-3345
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Sunshine Church of Christ
20 Barklow Road
Portsmouth, OH 45662
Church Building - 740-820-3415
Innermission—740-355-3186

God's Plan for Emotions

I have recently had to learn how to weather the storms of recent emotions. I decided to study for personal relief from my own grieving what God our Father had to say about His plan and how we can cast the burden on Him and less on myself.

We live in an age where emotions rule and logic takes a back seat to feelings. In some venues that situation can be fairly harmless, but in the vast majority of human endeavors, life is negatively affected when emotions reign over logic. Emotions are not bad, they are a gift from God. But they have some specific purposes designed by God Himself. Emotions help keep us close, connected to our loved ones. Emotions can be a great joy and even negative emotions like grief, can be healing. As Jesus said in the Sermon on the Mount, "Blessed are those who mourn for they shall be comforted."

Research shows that even shedding of tears can be relief through the open expression of strong emotions. But there is a dark side to our emotions, as noted in James Dobson's book, *Emotions, Can You Trust Them*.

The short answer is No!

God outlines one of the primary purposes for emotions in Romans 6:17,18, But thanks be to God that though you were slaves of sin, you became obedient freed from the heart to that form of teaching to which you were committed, and having been freed from sin, you became slaves of righteousness. Notice that the Roman Christians had a commitment to what they knew, but Paul was commending them for becoming obedient "from the heart" to that commitment. They had discovered truth with their logic (mind) and had a deep-hearted commitment (emotion) to that teaching. Undoubtedly, the mind (logic) is used to discern truth from error, But once that teaching is understood by the mind, the heart is then used to bolster that commitment.

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Prayer Requests

Penny Ball Please continue prayers for her health to improve.

Pam Coriell Please continue prayers for ease of pain and successful upcoming surgery.

Gracie Cox Please keep this baby in your prayers.

Gregg Ferrell Please keep him and his family in your prayers.

Fredia Gampp Please keep her your prayers.

Mark Gampp Please pray for God to give him strength and healing.

Zoe Gampp Please keep her in your prayers as she continues her mission soon in the AIM program

Linda Gardner (Julie Miller's Mom). Please pray for her continued strength and improved health.

Dave Hallam Please be praying for ease of pain and healing.

Dave Hinzle Please keep him in your prayers for healing.

Peggy Hollback Please pray her health will improve.

Melissa Sissel Please pray her health problems can be resolved to give her better health.

Mark Villinger Please continue prayers for him..

Hayes Wilcox Please keep him in your prayers as he recuperates at home from a broken ankle.

Linda Gardner	Elbrooke Pavillion Rm. #402
Helen Hayward	Homebound
Peggy Hollback	The Courtyard Assisted Living
	Rm.#104
	900 Pirate Drive
	Wheelersburg, Ohio 45694

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**Please pray for our Country
And our World for peace.**

Please pray for our Service Men & Women

*"There was an old woman
Who lived in a shoe;
She had so many children,
But she knew just what to do!
On every Sunday morning,
Each lad and each lass
Was up and of that shoe,
And in their Bible Class."*

*Train up a child in the way he should go:
when he is old he will not depart from it
Proverbs 22:6*



- * Mother's Day Tribute
- * Fellowship Dinner - May 17, 12:00
- * VBS - June 15-19
- * Sunshine Camp Week- July 5-10
- * Sunshine Free Sale- July 25

Sunday Morning Live Streaming Links:

<https://sunshinecofc.church/sermon-media>
<https://sunshinecofc.sermon.net>

Welcome To All of Our Guests

Thank you for coming. Please come back!

Gluten Free Communion Available

We have gluten free communion bread available for anyone who needs it. It can be found at the **Welcome Center**. You're welcome to pick it up before services on your way into the auditorium.

We Are So Glad You Are Here!

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KID'S Club

Kids Pre-K - 6th Grade

Wednesday Evening Bible Class.

It includes a short & fun video reviewing the lesson taught on Sunday

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**Come Join Us!**

**Wednesday Evening Bible Study  
7:00 PM**

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*** The May Item Is ***

Noodles

**For Mid Western Children's Home
Thank You!**

SUNSHINE CHURCH of CHRIST
We Invite You To Join Us

Sunday Morning 10:00 A.M.
Sunday Eve. Class 6:00 P.M.
Wednesday Evening 7:00 P.M.

You may also call 855-565-7670
to hear the lessons by phone.

HAPPY MOTHER'S DAY!

*She is clothed with strength & dignity.
She laughs without fear of the future.
When she speaks her words are wise.
She gives instruction with kindness.*
Proverbs 31: 25-31

*Her children rise up and call her blessed;
Her husband also, and he praises her:
"Many women have done excellently,
But you surpass them all."*
Proverbs 31: 28-29

Enjoy Your Day Moms!

***A Celebration Fellowship Dinner is**
planned for May 17 at 12:00 at the
Sunshine building.

Join us for food, fellowship and prayer to
celebrate God sending Zoe to the mission field
in Liberia, Africa.

Please plan to bring a side dish to share.
Meat and drinks will be provided.

Vacation Bible School,

'Rainforest Falls
Adventures in God's Creation!
June 15-19.

Your Kids will learn more about Jesus, and
have a great time at VBS with friends

***Please see Marissa to see how you can help.**

Welcome Baby Kolsen Jase Oesch
Born April 22,2026
Weighing 8 lbs.
Congratulations Aaron & Brittney!
Grandparents John & Lori

***Howell's Mill Church Camp 2026**

Registration is still open.

www.howellsmill.org.

Sunshine's Camp Week is July 5-10.

For Info: Contact Shaun or Lisa McCray

***Sunshine Free Sale/**

Back Pack Giveaway— July 25, 2026

Please keep this date in mind as you
come across things at home you no
longer use.

***You are Invited to a Graduation Party**

Honoring Julia Gragg

May 16, 5:00pm – 7:00pm

Sunshine Church of Christ

Mid Western events coming up:

*** Car Show and Vendor Fair on June 6**

Starting 10:00am—2:00pm

If anyone is interested in being a craft vendor,
please contact Joanna at Mid Western for the
information.

Family Bible Time

ADULT CLASSES MONTH OF May

***Sunday Evening Auditorium**

Jamie Riley

***Wednesday Evening Auditorium**

Logan Boston

***Wednesday Evening Ladies Class**

June Book

Give Thanks for What God Has Done

**John 14:15-26, Ephesians 3:14-19,
Ephesians 2:1-13, 2 Corinthians 5:17-19**

***Men's Class - James Group**

Those Who Serve

Sunday Morning	<u>05/10/2026</u>	<u>05/17/2026</u>	<u>05/24/2026</u>
Worship Leader	Jared McCray	Zach Coriell	Shaun McCray
Scripture Reading	Steve Sparks	Lonnie Hollback	Grant Kallner
Prayer	Shane Mougey	Price Gammon	Bill Deacon
Communion	Zach Coriell	Mike Gampp	Jon Coriell
Message	Jamie Riley	Jamie Riley	Jamie Riley
Announcements / Prayer	Shaun McCray	Wayne Gampp	Rich Book
Sunday Evening	<u>05/10/2026</u>	<u>05/17/2026</u>	<u>05/24/2026</u>
Worship Leader	Zach Coriell	Shaun McCray	Dave Deacon
Communion	Jacob Book	Gary Glispie	Josh Coriell



Sunday Worship - 10:00 am
Bible Study - 6:00 pm

Wednesday Bible Study - 7:00 pm

This bulletin is a publication of the Sunshine Church of Christ. To learn more about the Church of Christ you may contact us at the telephone number or address on the front cover.

Deadline for each issue is 8 am Friday.

Content should be emailed to:

info@sunshinecofc.church

Visit us on the web:

sunshinecofc.church

The trouble comes when humans try to discern the teachings of Christ with their emotions. When emotions prevails over logic in matters of teaching, the mind of man almost always defaults to whatever he wishes were the case. In other words, when emotion prevails over logic, we tend to decide that truth is whatever makes us more comfortable, more relaxed, or more pleased.

Rejoice in the precious and proper emotions God gave you. Rejoice from within your heart when God's will is both understood with the mind and followed with the heart.

But never, ever try to decide doctrine with your emotions!

That's Satan's recipe for disaster in logic and in life.

God Loves You and We Love You Too